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Whole Health Services

## **Cayce/ Reilly Massage**

The Cayce/Reilly technique of massage therapy is based on the holistic principles of the Edgar Cayce readings and in the spirit of Dr. Harold J. Reilly. It is only offered at the Association of Research and Enlightenment (A.R.E), in Virginia Beach, VA.

The Cayce/Reilly Massage School provides students with a holistic learning environment in which to study massage therapy, in the unique style of Swedish massage developed by Dr. Harold J. Reilly from information suggested in the Edgar Cayce readings. The curriculum provides students with sound instruction in massage technique, anatomy and physiology, advanced massage modalities as well as business development and ethics. Leading-edge technical information and knowledge is augmented by the wealth of insights on holism, healing, and personal transformation contained in the Edgar Cayce material. Students are also provided with opportunities for their own personal transformation, and are encouraged to explore their own inner processes through working with dreams and meditation. The concepts of body/ mind/spirit and holism are integral to the curriculum.

